dave moulton Frame Size Chart

This chart will help you determine your best frame size. Look for your inseam measurement on the left. If your height is within an inch (2.5 cm.) and your shoe size within half a size of the one listed on the same line, then your frame size is a straight two-thirds of your inseam. If your height and shoe size is more or less than shown on that line, go for the frame size recommended for your height ignoring your inseam. For example, a rider with a 30 inseam, 5'8" tall and a 10 shoe (USA) should go for a frame around 54-55cm. A rider with a 36 inseam, 6'2" and an 11 shoe (USA) should have a 60cm frame. Another way to interpret the chart below; if your height and inseam do not fall on the same line. Look at the line where your height is; then look where your inseam is. This would be the two extremes of frame sizes; your best size is going to be somewhere in between. See which line your shoe size falls on and use that to decide which direction your best fit will be. **Example: Height 5' 9 1/2" Inseam 30" Frame size between 56cm and 51cm. If shoe size is 10 1/2 (USA) choose a 54cm (C to T) frame. If shoe size is 11 (USA) choose 55cm frame**

INSEAM (Crotch to floor without shoes.)		HEIGHT (Actual measured without shoes, not estimated.)		SHOE SIZE				FRAME SIZE		TOP TUBE LENGTH	SUGGESTED HANDLEBAR STEM LENGTH
In.	**cm.**	**In.**	**cm.**	**USA**	**UK**	**EUR**	**JPN**	**C to C**	**C to T**	**C to C**	**C to C**
36	91.5	6' 4"	193	12	11 1/2	46.5	30	59	61	57 5	14
35 1/2	90	6' 2 1/2"	189.3	11 1/2	11	46	29.5	58	60	57	13.5
34 3/4	88.3	6' 1"	185.4	11	10 1/2	45	29	57	59	56.5	13
34 1/4	87	6' 0"	183	11	10 1/2	45	29	56	58	56	12.5
33 3/4	85.7	5' 10 3/4"	179.7	10 1/2	10	44.5	28.5	55	57	55.5	12
33	84	5' 9 1/2"	176.5	10	9 1/2	44	28	54	56	55	11.5
32 1/2	82.5	5' 8 3/4"	174.6	9 1/2	9	43	27.5	53	55	54.5	11
32	81.3	5' 8"	172.7	9 1/2	9	43	27.5	52	54	54	11
31 1/4	79.4	5' 7"	170.2	9	8 1/2	42.5	27	51	53	53	10.5
30 3/4	78	5' 6"	167.7	8 1/2	8	42	26.5	50	52	52	10
30	76.2	5' 5"	165	8	7 1/2	41	26	49	51	51.5	9.5
29 1/2	75	5' 4 1/2"	163.8	7 1/2	7	40.5	25.5	48	50	51	9
29	73.7	5' 4"	162.5	7 1/2	7	40.5	25.5	47	49	51	9
28 ½	72.4	5' 3"	160	6 1/2	6	39.3	24.5	46	48	51	8